



**Alikhan Musayev**

**Ten Foundations  
to Build  
a Blessed Family**



**In the name of Allah, The Most  
Beneficent, the Most Merciful!**



## Preface

Dear Muslims!

Today, we will share insights on how to build a blessed family.

Family is the unshakable cornerstone of Islamic society. A strong family is the unshakable foundation of a strong nation and state. That is why, in our religion, there is a profound emphasis on building the family structure upon solid foundation principles. In this context, Almighty Allah says: **"And among His Signs is this, that He created for you wives from among yourselves, that you may**

**find repose in them, and He has put between you affection and mercy. Verily, in that are indeed signs for a people who reflect."**<sup>1</sup>

Take heed, for Almighty Allah says **"You may find repose in them."** However, many families are lacking ease or tranquility. The reason for this is that a man and a woman do not adhere to the commandments of Allah and His Messenger ﷺ when they get married. Some Muslims lack knowledge on how to build a blessed family.

This is why we have chosen to address this very topic today.

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<sup>1</sup> Ar-Room, 21. *This book contains interpretations of the meanings of the Noble Qur'an in the English by Muhammad Muhsin Khan*



## Choosing a worthy spouse

The first foundation for a blessed family is choosing a worthy spouse. In this regard, Almighty Allah says: **“The adulterer-fornicator marries not but an adulteress-fornicatress or a Mushrikah, and the adulteress-fornicatress none marries her except an adulterer-fornicator or a Muskrik [and that means that the man who agrees to marry (have a sexual relation with) a Mushrikah (female polytheist, pagan or idolatress) or a prostitute, then surely he is either an adulterer-fornicator, or a Mushrik (polytheist,**

pagan or idolater). **And the woman who agrees to marry (have a sexual relation with) a Mushrik (polytheist, pagan or idolater) or an adulterer-fornicator, then she is either a prostitute or a Mushrikah (female polytheist, pagan, or idolatress)]. Such a thing is forbidden to the believers (of Islamic Monotheism)".<sup>1</sup>**

In another Ayah Allah proclaims: **"And do not marry Al-Mushrikat (idolatresses, etc.) till they believe (worship Allah Alone). And indeed a slave woman who believes is better than a (free) Mushrikah (idolatress), even though she pleases you. And give not (your daughters) in marriage**

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<sup>1</sup> Surah "an-Noor", 3.

**to Al-Mushrikun till they believe (in Allah Alone) and verily, a believing slave is better than a (free) Mushrik (idolater), even though he pleases you. Those (Al-Mushrikun) invite you to the Fire, but Allah invites (you) to Paradise and Forgiveness by His Leave, and makes His Ayat (proofs, evidence, verses, lessons, signs, revelations, etc.) clear to mankind that they may remember.”**<sup>1</sup>

That is, a believer cannot marry a polytheist or an adulterer. For this reason, the Prophet ﷺ said: "A woman is married for four things, i.e., her wealth, her family status, her beauty

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<sup>1</sup> Surah "al-Baqara", 221.

and her religion. So you should marry the religious woman, otherwise you will be a loser.”<sup>1</sup>

In other words, choose a religious person so that there will be blessings in your family.

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<sup>1</sup> Sahih al-Bukhari, 5090.



## Parental approval

The second foundation for a blessed family is parental approval. Marrying without the father's permission is against Islamic law. In this context, the Prophet ﷺ said: “There is no marriage without the permission of a guardian..”<sup>1</sup>

In another hadith, the Messenger of Allah ﷺ said: “The marriage of a woman who marries without the consent of her guardians is void! (He said these words) three times...”<sup>2</sup>

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<sup>1</sup> Sunan Abu Dawud, 2085; Sahih al-Jami, 7558.

<sup>2</sup> Sunan Abu Dawud, 2083;

As for obeying parents, it is obligatory to obey them in all other matters except associating partners with Allah or disbelief, and disobeying them is forbidden. In this regard, Almighty Allah says: **“Say: – Come, I will recite what your Lord has prohibited you from: Join not anything in worship with Him; be good and dutiful to your parents...”**<sup>1</sup>

It is evident from these ayah and ahadith that obtaining approval for a daughter's marriage from her family is of utmost importance (wajib).

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<sup>1</sup> Surah “al-An’aam”, 151.



## **Don't complicate the marriage but quite the contrary – make it easier**

The 3rd foundation for a blessed family is not to complicate the marriage but quite the contrary – make it easier. Some families impose such demands on young people seeking marriage that they find them impossible, leading them down the wrong path.

However, in this matter, primary attention should be paid to whether the person is a Muslim or not

Umm Sulaym, who was blessed with Jannah during her lifetime, serves as an example of this. It is reported

that Abu Talha was wooing Umm Sulaym رضي الله عنها and brought with him a substantial dowry (mahr). However, Umm Sulaym رضي الله عنها didn't accept his marriage proposal. Disheartened, Abu Talha returned, unable to fathom why a woman would reject such a significant dowry. The next day, he approached her with more gold and silver. Again, Umm Sulaym رضي الله عنها objected, stating: "O Abu Talha, no woman would refuse a man like you, but you are a mushrik (polytheist), and I am a Muslim. It is not halal (permissible) for me to marry you. Although the gold and silver you brought are precious to you, I do not need them. If you embrace Islam, that would be the most

beautiful mahr (dowry) you could offer me. I require nothing else. O Abu Talha, do you not know that the idols you worship are the creations of certain families, and when you set fire to them, they turn to ashes?". The woman aims to convey that none of these idols can be considered ilah (God) if someone makes them, and they cannot even protect themselves when burned.

These words entered the heart of Abu Talha, Allah guided him and he immediately asked: "What should I do to accept Islam?" Umm Sulaym رضي الله عنها said to him: "Go to the Messenger of Allah ﷺ!" When Rasulullah ﷺ saw him from a distance, he said to his companions: "Abu Talha is coming

to us with the light of Islam shining between his eyes.”<sup>1</sup>

In order to help poor Muslims to establish a family, we appeal to rich Muslims: – O Muslims! Help young people who do not have enough wherewithal to get married. Just like when Ali ibn Abu Talib رضي الله عنه was married in Medina in the 2nd year of Hijra, after the Battle of Badr, the Companions helped him. The Ansar were overjoyed at this marriage, Saad رضي الله عنه came and slaughtered a ram for this wedding ceremony, and some of them participated in this blessing by bringing wheat – may Allah be pleased

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<sup>1</sup> Sunan al-Kubra, Nasai, 3/285-286; Mustadrak, al-Hakim, 2/179.

with all of them! Ansar's generosity did not end there. Harisa ibn al-Noman al-Ansaari رضي الله عنه gifted his house which is located next to the house of the Messenger of Allah صلوات الله عليه وآله وسلم to Ali رضي الله عنه. In the end, the Companions, especially Abu Bakr رضي الله عنه, bought his household items.<sup>1</sup>

Look at the Islamic brotherhood!  
How they help each other.

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<sup>1</sup> Musnad Imam Ahmad, 1178; Tabaqat Ibn Saad, 8/329.



## **The wedding ceremony is conducted in accordance with Islam**

The 4th foundation for the Divinely blessed family is that the wedding ceremony is conducted in accordance with Islam; that is, it is necessary to stay away from what Allah and His Messenger ﷺ have forbidden at the wedding. In this regard, Rasulullah ﷺ said: "Whoever believes in Allah and the Last Day, let them not sit at a table where wine is being drunk."<sup>1</sup>

In another hadith, he said: "Allah has cursed the wine itself, the one who

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<sup>1</sup> Musnad Imam Ahmad, 1/20.

squeezes (the grapes etc), the one for whom it is squeezed, the one who sells it, the one who buys it, the one who carries it, the one to whom it is carried, the one who consumes its price, the one who drinks it and the one who pours it!"<sup>1</sup>

That is, there can be no blessing in a party with alcohol.

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<sup>1</sup> Musnad Imam Ahmad, 1/316; Silsila al-Ahadith as-Sahihah, 839.



## Congratulate those who get married

The 5th foundation for a blessed family is to congratulate those who get married. When Rasulullah ﷺ congratulated newlyweds, he used to make dua and say:

(( بَارِكْ اللَّهُ لَكَ، وَبَارِكْ عَلَيْكَ،

وَجَمَعَ بَيْنَكُمَا فِي خَيْرٍ ))

“May Allah bless for you, and may He bless on you, and combine both of you in good (works)!<sup>1”2</sup>

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<sup>1</sup> Transliteration: Barakallahu laka, wa baraka 'alaika, wa jama'a baynakuma fi khayr.

<sup>2</sup> Sunan Abu Dawud, 2130.



## A man's prayer for his wife

The 6th foundation for a blessed family is that when a man approaches his wife for intimacy, he puts his hand on her head and prays like this:

(( اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَهَا وَخَيْرَ مَا جَبَلْتَهَا عَلَيْهِ  
وَأَعُوذُ بِكَ مِنْ شَرِّهَا وَشَرِّ مَا جَبَلْتَهَا عَلَيْهِ ))

"O Allah, I ask You for the good in her, and in the disposition You have given her; I take refuge in You from

the evil in her, and in the disposition  
You have given her!<sup>1</sup><sup>2</sup>

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<sup>1</sup> Transliteration: Allahumma inni as'aluka khayraha wa khayra ma jabaltaha 'alayhi, wa a'udhu bika min sharriha wa sharri ma jabaltaha 'alayhi.

<sup>2</sup> Sunan Abu Dawud, 2160.



## A prayer to be recited before intimacy

The 7th foundation for a blessed family is a prayer to be recited before intimacy. In this regard, the Messenger of Allah ﷺ said: "If one of you before having intimacy with his wife says:

((بِسْمِ اللَّهِ. اللَّهُمَّ جَنِّبْنَا الشَّيْطَانَ،  
وَجَنِّبِ الشَّيْطَانَ مَا رَزَقْتَنَا))

“O Allah! Protect us from Shaitan (Satan) and also protect what you bestow upon us (i.e. the coming offspring) from

Shaitan!"<sup>1</sup> and if it is destined that they should have a child then, Satan will never be able to harm that offspring."<sup>2</sup>

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<sup>1</sup> Transliteration: Bismillah. Allahumma jannibna ash-shaitana, wa jannib ash-shaitana ma razaqtana.

<sup>2</sup> Sahih al-Bukhari, 1/49; Sahih Muslim, 4/155.



## **Desire of both the husband and wife to have a large number of children**

The 8th foundation for a blessed family is the desire of both the husband and wife to have a large number of children. In this regard, the Prophet ﷺ said: "Marry and multiply, for on the Day of Resurrection, I will boast of your numbers."<sup>1</sup>

In another hadith, he stated: "Marriage is part of my sunnah (way), and whoever does not follow my sunnah has nothing to do with me. Get

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<sup>1</sup> Sunan al-Bayhaqi, 7/81.

married, for I will boast of your great numbers before the nations. Whoever has the means, let him get married, and whoever does not, then he should fast for it diminishes one's lust.”<sup>1</sup>

It is clearly understood from these ahadith that the primary purpose of marriage is to raise a generation that will please Allah. Our Prophet ﷺ serves as the best example in this regard. He ﷺ had six children from his marriage with Khadija رَضِيَ اللهُ عَنْهَا, namely: Qasim, Zeynab, Ruqiyya, Umm Kulsum, Fatima, and Abdullah رَضِيَ اللهُ عَنْهُ.

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<sup>1</sup> Sunan Ibn Maja, 1846; Silsila al-Ahadith as-Sahihah, 2383.



## Always to pray for children, seeking protection

The 9th foundation for a blessed family is always to pray for children after they are born, seeking protection for them from the shaitan, the evil eye, and all kinds of harmful influences.

It is narrated that Ibn Abbas رضي الله عنه said: "In order to safeguard Hasan and Hussein رضي الله عنهما from the shaitan, the Prophet صلى الله عليه وآله وسلم would say: "Your grandfather Ibrahim used to make dua (prayed) to protect his sons Isma'il and Ishaq", and then he would supplicate like this:

(( أُعِيدُكُمْ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ  
وَهَامَّةٍ، وَمِنْ كُلِّ عَيْنٍ لَامَّةٍ ))

"I commend you to the protection of Allah's perfect words from every devil, vermin, and every evil eye.<sup>1''2</sup>

Every parent should memorize this dua and recite it regularly for their children.

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<sup>1</sup> Transliteration: U'eethukumaa bi-kalimaatil-laahit-taammati min kulli shaytaanin wa haammatin, wa min kulli 'aynin laammatin.

<sup>2</sup> Sahih al-Bukhari, 3371.



## Consistently recite dua's

The 10th foundation for a blessed family is to consistently recite this dua's after establishing a family, especially during the last third of the night:

﴿ رَبِّ اجْعَلْ هَذَا الْبَلَدَ ءَامِنًا وَّاجْنُبْنِي وَبَنِيَّ أَنْ

نَعْبُدَ الْأَصْنَامَ ﴾

1. "O my Lord! Make this city one of peace and security, and keep me and my sons away from worshipping idols!"<sup>1</sup><sup>2</sup>

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<sup>1</sup> Transliteration: Rabbi-j'al haazal balada aaminan wajnubnee wa baniyya an na'budal asnaam.

<sup>2</sup> Surah "Ibrahim", 35.

﴿ رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا  
وَتَقَبَّلْ دُعَاءَ ، رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ  
الْحِسَابُ ﴾

2. “O my Lord! Make me one who performs As-Salat (Iqamat-as-Salat), and (also) from my offspring, our Lord! And accept my invocation. Our Lord! Forgive me and my parents, and (all) the believers on the Day when the reckoning will be established!”<sup>1</sup><sup>2</sup>

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<sup>1</sup> Transliteration: Rabbij'alni muqimas-salati wa min dhurriyyati. Rabbana wa taqabbal duai. Rabbənəgh-fir li wa li-walideyyə wa lil-muminina yawma yaqumul-hisab.

<sup>2</sup> Surah “Ibrahim”, 40-41

﴿ رَبَّنَا وَاجْعَلْنَا مُسْلِمِينَ لَكَ وَمِنْ ذُرِّيَّتِنَا أُمَّةً مُّسْلِمَةً

لَكَ وَأَرِنَا مَنَاسِكَنَا وَتُبْ عَلَيْنَا إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ ﴾

3. “Our Lord! And make us submissive unto You and of our offspring a nation submissive unto You, and show us our Manasik (all the ceremonies of pilgrimage – Hajj and 'Umrah), and accept our repentance. Truly, You are the One Who accepts repentance, the Most Merciful !<sup>1</sup>”<sup>2</sup>

﴿ رَبِّ هَبْ لِي مِنْ لَدُنْكَ ذُرِّيَّةً طَيِّبَةً إِنَّكَ سَمِيعُ الدُّعَاءِ ﴾

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<sup>1</sup> Transliteration: Rabbana waj-alna muslimeyni laka wa min dhurriyatina ummatan muslimatan laka, wa arina manasikana wa tub aleyna innakka antat-tawwabur-rəhim!

<sup>2</sup> Surah “al-Baqara”, 128.

4. “O my Lord! Grant me from You, a good offspring. You are indeed the All-Hearer of invocation.”<sup>1</sup><sup>2</sup>

﴿ رَبِّ أَعِيذُهُ بِكَ وَذُرِّيَّتَهُ مِنَ الشَّيْطَانِ الرَّجِيمِ ﴾

5. “O my Lord! I seek refuge with You for her and for her offspring from Shaitan (Satan), the outcast”<sup>3</sup><sup>4</sup>

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<sup>1</sup> Transliteration: Rabbi hab li min ladunka zurriyyatan tayyiban, innakə samiud-dua.

<sup>2</sup> Surah “Aal-i-Imraan”, 38.

<sup>3</sup> Transliteration: Uizuhu bika wa dhurriyyatahu minash-shaitanir-rajeem.

**Note:** In the case of a girl, it is referred to as “Uizuhu”, for two children it becomes “Uizuhuma”, for boys it is “Uizuhum” and for girls, it is “Uizuhunna.” When referring to both boys and girls, the term used is “Uizuhum”.

<sup>4</sup> The original of this dua is in Ayah 36 of Surah “Al-i-Imraan”.

﴿ رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ أَعْيُنٍ

وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا ﴾

6. “Our Lord! Bestow on us from our wives and our offspring the comfort of our eyes, and make us leaders of the Muttaqun (the pious)!”<sup>2</sup>

﴿ رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَى

وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي ذُرِّيَّتِي ﴾

7. “My Lord! Grant me the power and ability that I may be grateful for Your Favour which You have bestowed upon me and upon my parents, and

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<sup>1</sup> Transliteration: Rabbana hab lana min azwajina wadhurriyyatina qurrata a'yunin wa-j'alna lil'muttaqina imama.

<sup>2</sup> Surah “al-Furqan”, 74.

that I may do righteous good deeds, such as please You, and make my offspring good!<sup>1</sup><sup>2</sup>

The dua in the hadith:

(( اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ جَارِ السُّوءِ، وَمِنْ زَوْجٍ تُشَيِّبُنِي قَبْلَ الْمَشِيْبِ، وَمِنْ وَلَدٍ يَكُونُ عَلَيَّ رِبًّا، وَمِنْ مَالٍ يَكُونُ عَلَيَّ عَذَابًا، وَمِنْ خَلِيلٍ مَأْكِرٍ عَيْنُهُ تَرَانِي، وَقَلْبُهُ يَرْعَانِي؛ إِنْ رَأَى حَسَنَةً دَفَنَهَا، وَإِذَا رَأَى سَيِّئَةً أَدَاعَهَا ))

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<sup>1</sup> Transliteration: Rabbi 'awzi'ni 'an 'ashkura ni'mataka allati 'an'amta 'alayya wa 'ala walidayya wa 'an 'amala salihaan tardahu wa 'aslih-li fi dhurriyati

<sup>2</sup> Surah "al-Ahqaf", 15.

8. "O Allah, I seek refuge in You from an evil neighbor, and from a wife who will turn my hair gray prematurely, from a son who will dominate me, from wealth that will become a punishment upon me, and also from a cunning friend who follows me and plots against me, does not speak of my good deeds, and spreads my mistakes everywhere!"<sup>1</sup><sup>2</sup>

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<sup>1</sup> Transliteration: Allahumma inni a'udhu bika min jaarissuu'i, wa min zawjin tushayyibunii qabla almashiib, wa min waladin yakuunu 'alayya rabban, wa min maalin yakuunu 'alayya 'adhaaban, wa min khaliilin maakirin 'aynuhu taranii, wa qal-buhu yar'aanii; in ra'a hasanatan dafanahaa, wa idhaa ra'a sayyi'atan adhaa'ahaa.

<sup>2</sup> Dua at-Tabarani, 3/1425; Silsila al-Ahadith as-Sahihah, 3137.



## Symbols' Directory



**Sallallahu 'alayhi wa sallam**  
– “May the Blessings and Peace of Allah be upon him”. (*This term should be used specifically when saying Prophet Muhammad's ﷺ name*).



**Radiyallahu anhu** (male) –  
“May Allah be pleased with him”



**Radiyallahu anha** (female) –  
“May Allah be pleased with her”



**Radiyallahu anhum** – “May Allah be pleased with them” (*more than 2 companions*)